

The

Recordkeeping

Summit Academy shall retain records documenting compliance with the requirements of the School Wellness policy, which shall include:

1. The written School Wellness policy.
2. Documentation demonstrating that the school has informed the public, on an annual basis, about the contents of the School Wellness policy and any updates to the policy.
3. Documentation of efforts to review and update the School Wellness policy, including who is involved in the review and methods used by the school to inform the public of their ability to participate in the review.
4. Documentation demonstrating the most recent assessment on the implementation of the School Wellness policy and notification of the assessment results to the public.

Wellness Committee

The district shall establish a Wellness Committee. The following shall be invited and allowed to participate in the development, implementation, review, and update of the policy:

- School Board member
- School administrator
- School food service representative
- Students
- Parents/guardians
- School health professional
- Physical education teacher
- Community members

It shall be the goal that committee membership will include representatives from the school building and reflect the diversity of the student body.

The Wellness Committee shall serve as an advisory committee regarding student health issues and shall be responsible for developing, implementing and periodically reviewing and updating a School Wellness policy that complies with law to recommend to the Board for adoption.

The Wellness Committee shall review and consider evidence-based strategies and techniques in establishing goals for nutrition education and promotion, physical activity and other school based activities that promote student wellness as part of the policy development and revision process.

Students shall have access to hand washing or sanitizing before meals and snacks.

Access to the food service operation shall be limited to authorized staff.

Nutrition content of school meals shall be available to students and parents/guardians.

Summit Academy shall provide appropriate training to all staff on the components of the School Wellness policy.

Goals of the School Wellness policy shall be considered in planning all school based activities.

Administrators, teachers, food service personnel, students, parents/guardians and community members shall be encouraged to serve as positive role models through school programs, communications and outreach efforts.

Nutrition Guidelines for All Foods/Beverages at School

All foods and beverages available in the school during the school day shall be offered to students with consideration for promoting student health and reducing obesity.

Foods and beverages provided through the National School Lunch or School Breakfast Programs shall comply with established federal nutrition standards. Summit Academy will serve students a healthy meal in a cafeteria-style setting. Students are always offered with their meal:

Homemade soup and salad
Fresh Fruit & Vegetables
Choice of Milk

Summit Academy teachers and staff eat lunch with the students and monitor their nutritional choices. Staff continues to encourage students daily to create a well-balanced meal

Summit Academy does not permit marketing of foods and beverages to students on the campus during the school day.

Management of Food Allergies in The School

Summit Academy shall establish Board policy and administrative regulations to address food allergy management in the school in order to:

1. Reduce and/or eliminate the likelihood of severe or potentially life-threatening allergic reactions.
2. Ensure a rapid and effective response in case of a severe or potentially life-threatening allergic reaction.
3. Protect the rights of students by providing them, through necessary accommodations when required, the opportunity to participate fully in all school programs and activities.

Reviewed:

November 11, 2024

Wellness Committee Meeting